



## Scottish Cowboy

Choreographed by John Pannell

**Description:** 46 count, line dance

**Music:** **Rhythm Of My Heart** by Rod Stewart [ 96 bpm / CD: Vagabond Heart ]

- 1&2 Step left behind right, step right together, step left to side  
3&4 Step right behind left, step left together, step right to side  
5&6 Step left behind right, step right together, step left to side  
7&8 Step right behind left, step left together, step right to side
- 9&10 Shuffle forward left-right-left  
11-12 Rock forward on right, rock back on left  
13&14 Shuffle back right-left-right  
15-16 Rock back on left, rock forward on right
- 17&18 Shuffle to right commencing with left foot stepping across in front (left-right-left)  
19-20 Turning full turn right step right-left  
21-24 Step right to side with hip bump right, then hip bumps left-right-left  
25&26 Shuffle to left commencing with right foot stepping across in front (right-left-right)  
27&28 Turn ¼ turn left while shuffling forward left-right-left  
29-34 (Sugar foot) traveling right-toe, heel, toe, heel, toe, stomp  
35-38 Vine left: left-right-left-stomp right  
39-40 Step forward on right while turning ½ turn left, step left together  
41&42 Shuffle to left commencing with right foot stepping across in front (right-left-right)  
43-46 Step left to side with hip bump left, then hip bumps right-left-right

### REPEAT

**John Pannell**

Address: Golden Spurs Line Dancing, Adelaide, Australia

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