



Sexy 'Ol Lady

Choreographed by Lil Yaver

Description: 48 count, 1 wall, beginner line dance
Music: **Sexy 'Ol Lady** by Pat Garrett
Steppin' Stone by Scooter Lee [112 bpm / Test of Time / Available on iTunes]
Any Cha-cha

Start dancing on lyrics

- 1-2-3&4 Rock back right, recover on left, triple right forward
5-6-7&8 Rock forward left, recover right, triple left back
- 1-2-3&4 Repeat
5-6-7&8 Repeat
- 1-2-3&4 Cross rock right over left, recover left, triple right in place
5-6-7&8 Cross rock left over right, recover right, triple left in place
- 1-2-3&4 Repeat
5-6-7&8 Repeat
- We turn ¼ left on 7&8 to create a 4 wall dance*
- 1-4 Walk forward right, left, right, left
5-8 Rock forward right, recover left, rock on right, recover left
- 1&2 Triple back right
3&4 Triple back left
5&6 Triple back right
7&8 Triple back left

REPEAT

Lil Yaver

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