



# Sexy 'Ol Lady

Choreographed by Lil Yaver

**Description:** 48 count, 1 wall, beginner line dance  
**Music:** **Sexy 'Ol Lady** by Pat Garrett  
**Steppin' Stone** by Scooter Lee [112 bpm / Test of Time / Available on iTunes]  
Any Cha-cha

Start dancing on lyrics

- 1-2-3&4      Rock back right, recover on left, triple right forward  
5-6-7&8      Rock forward left, recover right, triple left back
- 1-2-3&4      Repeat  
5-6-7&8      Repeat
- 1-2-3&4      Cross rock right over left, recover left, triple right in place  
5-6-7&8      Cross rock left over right, recover right, triple left in place
- 1-2-3&4      Repeat  
5-6-7&8      Repeat
- We turn ¼ left on 7&8 to create a 4 wall dance*
- 1-4            Walk forward right, left, right, left  
5-8            Rock forward right, recover left, rock on right, recover left
- 1&2            Triple back right  
3&4            Triple back left  
5&6            Triple back right  
7&8            Triple back left

**REPEAT**

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**Lil Yaver**

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