



## Tush Push (a.k.a. Push Tush)

Choreographed by Jim Ferrazzano

**Description:** 40 count, 4 wall, beginner/intermediate line dance

**Music:** **Chattahoochee** by Alan Jackson [ 180 bpm / CD: A Lot About Livin' (And A Little 'Bout Love) / CD: Who I Am / CD: Who I Am ]

**Born To Boogie** by Hank Williams Jr. [ 182 bpm / CD: Simply The Best Linedancing Album / CD: Line Dance Fever 3 ]

### RIGHT HEEL TAPS:

1-4 CWLDA: right heel tap, touch right beside left, right heel tap twice, and prepare to switch weight from left to right. Original: 4 right heel taps

### LEFT HEEL TAPS:

5-8 CWLDA: left heel tap, touch left beside right, left heel tap twice, and prepare to switch weight from right to left. Original: 4 left heel taps

### RIGHT, LEFT, RIGHT HEEL TAPS AND CLAP:

9-12 Right heel tap, (switch weight and) left heel tap, (switch weight and) right heel, and clap on count 12.

*Leave the right foot in front of the left in order to prepare for the next steps.*

### BUMP RIGHT HIPS FORWARD TWICE:

13-14 Move weight forward over right foot and bump right hips forward twice.

### BUMP LEFT HIPS BACKWARD TWICE:

15-16 Move weight back over left foot and bump left hips backward twice.

### BUMP HIPS FORWARD AND BACK TWICE:

17-20 Bump hips forward (right), bump hips backward (left), bump hips forward (right), bump hips backward (left)

### RIGHT FORWARD CHA-CHA:

21-24 Put weight on left foot and do right-left-right cha-cha. Rock forward on left. Rock back on right.

### LEFT BACKWARD CHA-CHA:

25-28 Left-right-left cha-cha. Rock back on right. Rock forward on left.

### RIGHT FORWARD CHA-CHA AND ½ TURN RIGHT:

29-32 Right-left-right cha-cha, step forward left, pivot ½ turn to right.

### LEFT FORWARD CHA-CHA AND ½ TURN LEFT:

33-36 Left-right-left cha-cha, step forward right, pivot ½ turn to left.

### RIGHT FORWARD, ¼ TURN LEFT, STOMP, AND CLAP.

37-40 Step right foot forward, ¼ turn left, stomp right beside left to complete the ¼ turn, clap

### REPEAT

**OPTION 1:**

- 1-4 Right heel tap forward 4 times (hop switch on the & of 4 to prepare for 5-8)  
5-8 Left heel tap 4 times

**OPTION 2:**

- 1 Right heel tap forward  
2 Right foot touch beside left foot  
3-4 Right heel tap forward twice (hop switch on the & of 4 to prepare for 5-8)  
5-8 Repeat 1-4 with left foot

**OPTION 3:**

- 1 Jump both feet out to shoulder width  
2 Jump and cross right over left  
3-4 Turn full turn to left  
5-8 Repeat 1-4, either in the same or opposite direction

**OPTION 4: (8-BEAT SYNCOPATED STEPS, A.K.A. PRETZELS)**

- 1 Step right over left (weight on right)  
&2 Step side to left, touch right heel forward (weight on left)  
&3 Step down on right, step left over right (weight on left)  
&4 Step side right, touch left heel forward (weight on right)  
&5 Step down on left, step right over left (weight on right)  
&6 Step side left, touch right heel forward (weight on left)  
&7 Step down on right, step left over right (weight on left)  
&8 Step side right, touch left heel forward (weight on right)

**OPTION 5: (HALF TURN, QUARTER TURN, HALF TURN)**

- 29-32 Right-left-right cha-cha step forward left. Military pivot  $\frac{1}{2}$  turn to right.  
33-36 Left-right-left cha-cha. Step forward right. Military pivot  $\frac{1}{4}$  turn to left.  
37-40 Right forward.  $\frac{1}{2}$  turn left. Stomp right beside left to complete the  $\frac{1}{2}$  turn. Clap

**OPTION 6: (ST. LOUIS STYLE, WHICH IS 44 COUNTS)**

- 37-40 Repeat 29-32  
41-43 Left foot step to left. Pivot on left foot  $\frac{1}{4}$  turn to right. Stomp left beside right to complete the  $\frac{1}{4}$  turn  
44 Clap

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