

# Flatt Out Dance

Count: 48      Wall: 2      Level:

Choreographer: Bracken Ellis, Junior Willis, and John Robinson (May 22nd 2017)

Music: "Dance" by Rascal Flatts (Album: Back to Us) 3:22



**Intro: 24 counts**

**Restart after 32 counts during 5th repetition\***

## **[1-8] TOUCH, AND TOUCH, AND TOUCH, TWIST, TWIST, FORWARD ROCK, TRIPLE STEP (ONE AND A HALF TURNS)**

1&2&      Touch R forward; & Step R next to L; Touch L forward; & Step L next to R  
3&4      Touch R forward; & Twist R heel out; Twist R heel to center  
5-6      Rock R forward; Recover L in place  
7&8      Turn half right [6:00] stepping R forward; & Turn half right [12:00] stepping L next to R; Turn half right [6:00] stepping R forward

## **[9-16] WIZARD STEP, QUARTER WIZARD STEP, FORWARD ROCK, OUT OUT, BUMP BUMP**

1,2&      Step L forward; Lock R behind L; & Step L in place  
3,4&      Turn quarter right [9:00] stepping R forward; Lock L behind R; & Step R in place  
5-6      Rock L forward; Recover R in place  
&7&8      & Step L to left side; Place R to right side; & Bump hips right; Bump hips left (weight L)

## **[17-24] SIDE, DRAG, BALL CROSS, SIDE, DROP AND ROLL, AND ROLL AND ROLL**

1,2      Large step R to right side; Drag L toward R  
&3,4      & Step ball of L slightly back; Step R across L; Step L to left side  
5-6      Bend knees, dropping hips, and scooping hips left to right  
&7&8      Scoop hips left to right twice, weight ending R

## **[25-32] BALL CROSS SIDE, SAILOR STEP, SAILOR THREE-QUARTER TURN LEFT, WALK, WALK**

&1,2      & Step ball of L slightly back; Step R across L; Step L to left side  
3&4      Step R behind L; & Step L to left side; Step R to right side  
5&6      Turn quarter left [6:00] stepping L behind right; & Turn quarter left [3:00] stepping R in place; Turn quarter left [12:00] stepping L forward  
7-8      Walk R forward; Walk L forward

**\*Restart here during 5th repetition**

## **[33-40] KICK, BALL STEP, BALL STEP, HITCH, BACK, TOUCH, QUARTER, TOUCH**

**For steps 1-6, angle hips to face 1:30, travel forward to 12:00**

1&2      Kick R to forward right diagonal; & Step ball of R slightly behind L; Step L toward 12:00  
&3,4      & Step ball of R slightly behind L; Step L toward 12:00; Hitch R next to L  
5-6      Step R back toward 4:30; Touch L next to R  
7-8      Turn quarter left [9:00] stepping L to left side; Touch R next to L

## **[41-48] SIDE ROCK, SAILOR QUARTER RIGHT, STEP, HALF PIVOT, TRIPLE STEP (FULL TURN)**

1-2      Rock R to right side; Recover L in place  
3&4      Turn quarter right [12:00] stepping R behind L; Step L to left side; Step R to right side  
5-6      Step L forward; Turn half right [6:00] transferring weight R

7&8 Turn half right [12:00] stepping L back; & Turn half right [6:00] stepping R next to L;  
Step L forward

**TAG: After Wall 2, add these 4 counts, facing 12:00**

1 Step R forward

2-3 Over two counts, smoothly roll body forward then transfer weight back to L

4 Touch R next to L

**Note: Thank you very much to Linda Ellis for suggesting this track, and to Lu Rousch for suggesting the title of this dance.**

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