

Shackles



Count: 32 **Wall:** 4 **Level:** Beginner / Intermediate
Choreographer: Jo Thompson Szymanski (USA) June 2011
Music: Til The Shackles Fall Off by Scooter Lee

Alt. music: Cricket On A Line by Colt Ford Feat Rhett Akins. CD: Chicken & Biscuits.

Start dancing on lyrics

Toe Struts Forward, Rocking Chair

1-2 Step right toe forward, drop right heel
 3-4 Step left toe forward, drop left heel
 5-6 Rock right forward, recover to left
 7-8 Rock right back, recover to left

Toe Struts Forward, Jazz Box ¼ Turn

1-2 Step right toe forward, drop right heel
 3-4 Step left toe forward, drop left heel
 5-6 Cross right over left, step left back
 7-8 Turn ¼ right, step right to side, cross left over right

Vine Right, Stomp Together, Heels Left Twice

1-2 Step right to side, cross left behind right
 3-4 Step right to side, gentle stomp left together putting weight on both feet
 5-6 Shift both heels left, both heels center (weight on balls of both feet)
 7-8 Shift both heels left, both heels center (weight goes to right)

Vine Left, Stomp Together, Heels Right Twice

1-2 Step left to side, cross right behind left
 3-4 Step left to side, gentle stomp right together putting weight on both feet
 5-6 Shift both heels right, both heels center (weight on balls of both feet)
 7-8 Shift both heels right, both heels center (weight goes to left)

Repeat
