

# **SUPERMAN**

Choreographed by Hal "Fast Fish" Corbett

Description: 64 Count, 4 Wall Easy Advanced Line Dance

Revolves Clockwise

Music: "Hang In There Superman" by Hal Ketchum

## **Set 1 RIGHT FORWARD, SIDE, BEHIND, SIDE**

- 1 Touch right toe in front of left foot
- 2 Pause
- 3 Touch right toe to right side
- 4 Pause
- 5 Touch right toe behind left foot
- 6 Pause
- 7 Touch right toe out to right side
- 8 Pause

## **Set 2 LEFT, RIGHT, LEFT, SWITCH, LEFT FORWARD, SIDE**

- 1 Twist right knee to the left
- 2 Twist right knee to the right
- 3 Twist right knee to the left
- 4 Twist right knee to the right and step down on right foot
- 5 Touch left toe in front of right foot
- 6 Pause
- 7 Touch left to out to left side
- 8 Pause

## **Set 3 BEHIND, SIDE, RIGHT, LEFT, RIGHT**

- 1 Touch left toe behind right foot
- 2 Pause
- 3 Touch left toe out to left side
- 4 Pause
- 5 Twist left knee to the right
- 6 Twist left knee to the left
- 7 Twist left knee to the right
- 8 Twist left knee to the left

## **Set 4 VINE, SIDE IN FRONT ,SIDE BEHIND, SIDE IN FRONT, SIDE, PAUSE**

- 1 Step left foot to left side
- 2 Step right foot in front of left
- 3 Step left foot to left side
- 4 Step right foot behind left
- 5 Step left foot to left side
- 6 Step right foot in front of left
- 7 Step left foot to left side
- 8 Pause

**Set 5 RIGHT, PAUSE, LEFT, PAUSE, TURN, PAUSE, 1/2 TURN, 1/2 TURN**

- 1 Sway right and change weight to right foot
- 2 Pause
- 3 Sway left and change weight to left foot
- 4 Pause
- 5 Turn a 1/4 turn right and step on the right foot
- 6 Pause
- 7 Step on left foot and pivot a 1/2 turn right
- 8 Step on right foot and pivot a 1/2 turn right

**Set 6 FORWARD, TOUCH, BACK, TOUCH, LEFT LOCK, LEFT STOMP**

- 1 Step forward on left foot,
- 2 Touch right toe behind left foot
- 3 Step back on right foot
- 4 Touch left toe beside right foot
- 5 Step forward on left foot
- 6 Lock right foot up behind left foot
- 7 Step forward on left foot
- 8 Stomp down right foot beside left foot

**Set 7 RIGHT, CENTER, LEFT, CENTER, SIDE, PAUSE, TOGETHER, SIDE**

- 1 With weight on left heel and right toe, twist feet to the right
- 2 Twist back to center
- 3 With weight on left toe and right heel, twist feet to the left
- 4 Twist back to center
- 5 Touch left toe out to left side
- 6 Pause
- 7 Touch left toe beside right foot
- 8 Touch left toe out to left side

**Set 8 RIGHT, LEFT, RIGHT, SWITCH, RIGHT, LEFT, RIGHT, LEFT**

- 1 Keep weight on right foot and twist both knees right
- 2 Twist both knees left
- 3 Twist both knees right
- 4 Twist both knees left and change weight to left foot
- 5 Twist both knees right
- 6 Twist both knees left
- 7 Twist both knees right
- 8 Twist both knees left, weight on left foot

**START DANCE OVER**

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